

**Our struggles with shame are generational.** Relief is not about a complicated formula but a diligent exercise of Little League affirmation (a culture of niceness). Too many people feel as though they aren't good enough and don't deserve to win. The toxicity of shame impedes development of healthy self-esteem, confidence, and intimate relationships.

## Here's where I can help:

### RECOVERY

Develop and maintain a culture of Little League affirmation (a culture of niceness) to overcome the toxic nature of shame experienced daily by people in recovery.

*"Playing ball kept me alive."*  
—Sarah | Group Discussion

### WORK

Motivate, encourage, and build a high-functioning team.

*"Once again, people can be more productive when treated with kindness."*  
—John | Staff Lunch-and-Learn

### HOME

Create strong self-esteem and positive interactions with your most important relationships.

*"Our words affect each other, positively or negatively. It's simple to practice a culture of niceness. Not easy. But simple."*  
—Mary | Seminar Attendee

### SCHOOL & SPORTS

Learning happens best when students and athletes are free to fail.

*"Failing to get a hit seven out of ten at-bats could land a person in the Baseball Hall of Fame. It's progress that counts, not perfection. Wow. What a concept to learn!"*  
—Coach, Mom of Little Leaguer



## Greg In A Nutshell

- B.A., M.Div., D.Min.
- Board-Certified Clinical Pastoral Counselor, focusing on substance-abuse issues.
- Pastor, serving parishes, academia, US Navy.
- Leadership roles in Fortune 500 companies.
- Author of two critically-acclaimed, award-winning books.
- Other: Certified Ropes Course Instructor, Stand-up comic.

**Book a call with Greg** to customize a speech adapted to your audience needs: [calendly.com/ggregorybancroft/speaking](https://calendly.com/ggregorybancroft/speaking)

Learn more at: [ggregorybancroft.com/speaking](https://ggregorybancroft.com/speaking)

GREGORY BANCROFT  
SPEAKER • AUTHOR